

NOV '20

ASHFORD ELEMENTARY

WELLNESS NEWSLETTER



MS. SMALL
School Counselor
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MISSION STATEMENT

Our mission is to enable every child to grow as a problem solver, to point out that each child is special, to guide them through some of life's changes, and to help them plan and think about their future.

We will collaborate with parents, staff, and community members to promote student achievement.



INTRODUCTION

Hello! I am so excited to meet you! My name is Ms. Small, and I am looking forward to our 2020-2021 school year at Ashford Elementary School. As your School Counselor, I am here to help ALL students be successful socially, emotionally, and behaviorally so that they may access their education without barriers.

Classroom Lessons: I visit all grades to teach social-emotional skills such as feelings, communication, problem solving, diversity, respect, etc.

Small-Group Counseling: I facilitate small groups for students who need a little extra support in a certain area.

Individual Counseling: I meet with students short-term to work through problems affecting them at school.

Consultation with Staff/Parents: I am available to meet/talk with teachers and parents to help support students and provide resources and education about issues affecting children.

WHAT I DO ON OUR CAMPUS



NOVEMBER NOTES

November's character trait is cooperation. While at school, we ask all of our students to cooperate daily with their teachers and each other. This can include helping a teacher by holding the door for classmates, assisting a friend at recess, or actively participating in discussions during class. As we continue to face a global pandemic, practicing proper mask-wearing, hand-washing, and social distancing is also a huge piece of cooperation. At Ashford Elementary, we are working together, we are COOPERATING, to keep everyone as safe as possible.

During such trying times, we can try to maintain our focus on cooperating to help others, and we can also try to think more about all of the things, big and small, that we are thankful for this season.

At Ashford, we are thankful for all of you - our students, families, and our colleagues - that make Ashford such a special place!

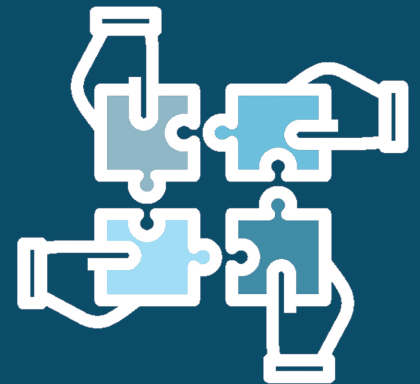
NOVEMBER'S CHARACTER TRAIT:

cooperation

two or more people working toward a mutual goal

working together for the common good

teamwork, collaboration, and unity



DECEMBER REMINDERS



TUESDAY, DECEMBER 1, 2020: *Giving Tuesday*

FRIDAY, DECEMBER 4, 2020: *National Cookie Day*

DECEMBER 10 - 18, 2020: *Hanukkah*

FRIDAY, DECEMBER 25, 2020: *Christmas Day*

DECEMBER 26, 2020 - JANUARY 1, 2021: *Kwanzaa*

DECEMBER 21, 2020 - JANUARY 1, 2021: *Winter Break*